Comprehensive Care Plan

Date	Physical & Psychosocial Needs	Goals/Objectives	Approaches/Interventions	Responsible Discipline
	The resident is minimally involved in the life of the facility and demonstrates limited social interaction related to: ❒ A diagnosis of dementia. ❒ A diagnosis of mental illness. ❒ A diagnosis of physical impairment [specify]: _____ ❒ Symptoms of apathy, disinterest and poor self-esteem. ❒ A history of maladaptive, dysfunctional behavior. ❒ Other: _____ Symptoms and problems are manifested by: ❒ Disorientation, memory deficits and compromised decision-making. ❒ Fear, apprehension in new situations. ❒ Only occasionally joining programs. ❒ Spending most of his/her leisure time unengaged, unoccupied, unchallenged. ❒ Other: _____ Strengths and Abilities: _____	❒ The resident will engage in a meaningful interactive group/program and express satisfaction regarding his/ her involvement [_____] times per week by the next review... ❒ The resident will maintain independent involvement in leisure pursuits as evidence by making a positive statement regarding his/her current leisure functioning by next review... ❒ The resident will suggest one activity that he/ she would like to see reflected on the calendar 1x monthly and become actively engaged in that activity by next review... ❒ The resident will demonstrate enhanced involvement by engaging in: ❍ *an Arts & Crafts project* ❍ *Bingo or Pokeno* ❍ *Table Games* ❍ *Exercise/Movement* ❍ *Resident Council* ❍ *a Religious/Pastoral activity* ❍ *Other:* _____ [_____] times per week by the next review... ❒ The resident will _____ by...	❒ Assess the resident's strengths and abilities. Evaluate the resident for participation in active and passive programs. ❒ Provide group-focused sessions, [_____] times per week emphasizing increased socialization, responsibility and involvement. ❒ Inform the resident when programs of interest occur. Orient him/her to the activity calendar. ❒ Solicit activity program ideas from the resident on a regular basis. ❒ Offer the resident independent leisure materials addressing areas he/she might like to pursue. ❒ If mood distress (i.e., Depression) is strongly influencing the resident's behavior, provide more direct attention and consider a referral to the facility social worker and/or consulting psychiatrist to promote optimum mental health. ❒ Emphasize increased social interaction and reminiscing to clue into the resident's strengths. Provide frequent introductions and reminders to help involve the resident. Use programs that emphasize reminiscing themes, as appropriate. ❒ _____	activity director or staff activity activity activity social work & nursing ▼ activity Social work nursing
SwCG, Inc. ©	**Resident**	General Activity Involvement/Interaction	**Activities** CAA 10	Care Plan **No. 56** Feb 9, 2011

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